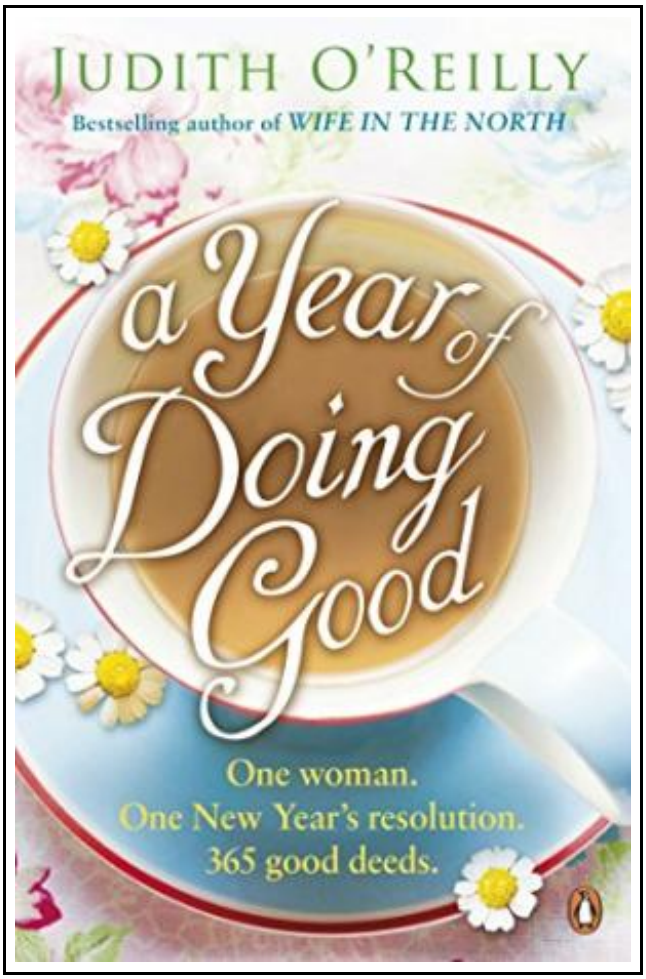
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A YEAR OF DOING GOOD: ONE WOMAN, ONE NEW YEAR'S RESOLUTION, 365 GOOD DEEDS

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Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, A Year of Doing Good: One Woman, One New Year's Resolution, 365 Good Deeds, Judith O'Reilly, Judith O'Reilly, author of the hugely popular blog and book Wife in the North embarks on a year long social experiment in the witty A Year of Doing Good. Fed up of New Year's resolutions involving diets and exercise abandoned on January 2nd, Judith is attempting to be good. For one whole year. She embarked on a mission to do one good deed every day. Some called it a social experiment. At times she called it madness. Juggling family, friends and a variety of neighbours in the small Northumberland village she calls home, she recounts the ups, downs, moments of doubt and sheer bloody hard work of doing good. From the small - babysitting a friend's child, clearing up her neighbour's dead mice and feeding her friendship cake Herman the German, to the slightly larger - trying to raise GBP10,000 for charity with her Jam Jar Army and teaching a severely handicapped child to write - she describes what she learns along the way: that no good deed is too small and that being good makes you happy. Well, most of the time. "A funny, uplifting and admirable book". (Observer). "Banish January blues with A Year of Doing Good by Judith O'Reilly who resolved to do one good turn day .utterly uplifting". (Woman & Home). "Fizzing with energy Judith's writing is open-hearted and funny .though not a guide to doing good, Judith's story may inspire you to do a little more for others this year". (Express). "Glorious sincerity .the admiring accounts of others' lives, the detailing of the deeds gladly done or furiously resented, the unending chaos of family life - all are rendered honestly,...

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