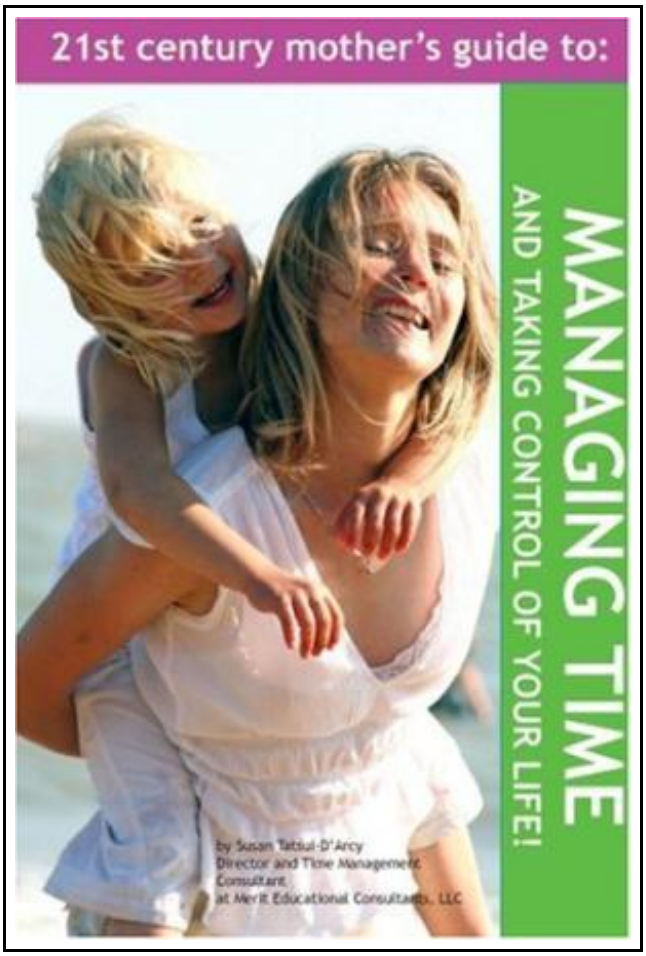
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Susan Tatsui-D'arcy. Paperback. Book Condition: New. Paperback. 99 pages. Dimensions: 9.0in. x 6.1in. x 0.5in.More and more women pursue active lives outside their homes. Between their careers, their families, and their personal lives, mothers today juggle a staggering load of responsibilities. Not surprisingly, many are seeking a solution to take back their lives. This guide takes mothers through all the steps they ll need to restore order and organization to their life and the lives of those around them. The program emphasizes time management, careful planning, and ongoing communication with family and coworkers. First, the Merit Planner is introduced a separate daily planner that even includes evenings and weekends. (the Merit planner can be purchased at this website too.) Mothers are guided to enter all their regular commitments into the planner. But there s also an eye for the bigger picture; long-term goals are entered next and then they are broken into more manageable subtasks. Next mothers are shown how to coordinate with the other members of their family and how to get them organized too. Three chapters are devoted to cooking, housekeeping, and shopping. There is a fun chapter dedicated to scheduling time for you, as well as a chapter on maintaining motivation and a chapter on miscellaneous ways to better utilize time. After following these steps, you ll be amazed at how much more time you have and how much more in control you feel! This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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