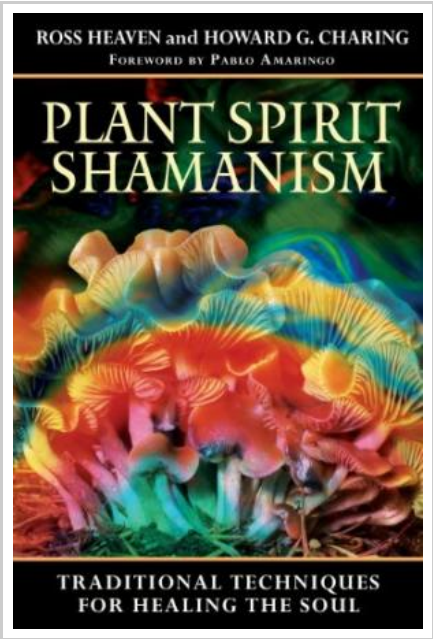


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Plant Spirit Shamanism: Traditional Techniques for Healing the Soul

By Ross Heaven

Destiny Books. Paperback. Book Condition: New. Paperback. 280 pages. Dimensions: 8.8in. x 6.0in. x 0.9in.An in-depth look at the role of plant spirits in shamanic rituals from around the world Shows how shamans heal using their knowledge of plant spirits as well as the plants medical properties Explores the core methods of plant shamanism--soul retrieval, spirit extraction, and sin eating--and includes techniques for connecting with plant spirits Includes extensive field interviews with master shamans of all traditions In Plant Spirit Shamanism, Ross Heaven and Howard G. Charing explore the use of one of the major allies of shamans for healing, seeing, dreaming, and empowerment--plant spirits. After observing great similarities in the use of plants among shamans throughout the world, they discovered the reason behind these similarities: Rather than dealing with the medical properties of the plants or specific healing techniques, shamans commune with the spirits of the plants themselves. From their years of in-depth shamanic work in the Amazon, Haiti, and Europe, including extensive field interviews with master shamans, Heaven and Charing present the core methods of plant shamanism used in healing rituals the world over: soul retrieval, spirit extraction, sin eating, and the Amazonian tradition of pusanga (love medicine)....

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