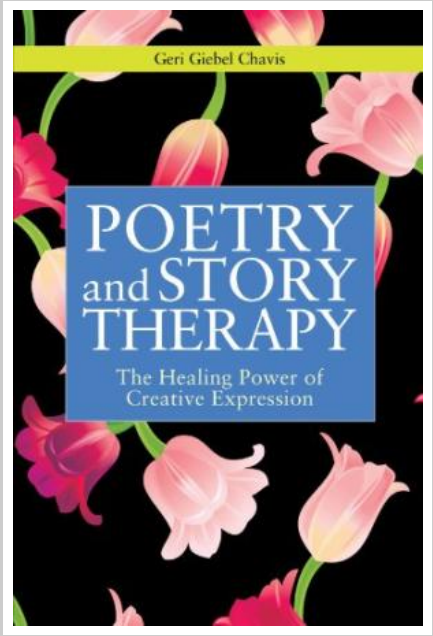


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Poetry and Story Therapy: The Healing Power of Creative Expression

By Geri Giebel Chavis

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Poetry and Story Therapy: The Healing Power of Creative Expression, Geri Giebel Chavis, Poetry and short stories can act as powerful springboards to growth, self-enhancement and healing. With the guidance of a facilitator, participants can engage with their own creative expression, and with that of others, and in doing so find opportunities to voice their truth, affirm their strengths, and find new ways of coping with challenges. This accessible book explores the therapeutic possibilities of poetry and stories, exploring ways of selecting appropriate works for discussion, and providing techniques for facilitating personally relevant and growth-enhancing sessions. The author provides ideas and suggestions for personal writing activities that emerge from or intertwine with this discussion, and explains how participants can create their own poetic and narrative pieces using other media, such as music, photographs, film, paintings, objects, and physical movement. The book references a wide variety of specific poems, short stories and films to use as prompts to creative writing, and contains a useful bibliography of poetry collections, story anthologies and film resources as well as a list of further resources and template feedback forms. Combining theory with a multitude of case...

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