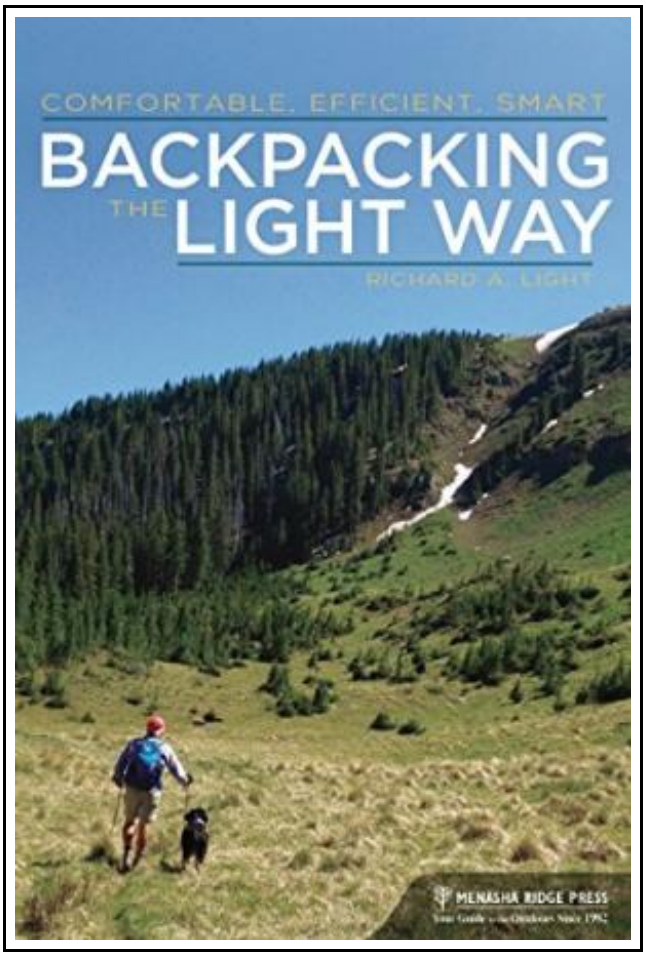
Backpacking the Light Way: Comfortable, Smart, and Ultralight Hiking



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Menasha Ridge Press Inc. Paperback. Book Condition: new. BRAND NEW, Backpacking the Light Way: Comfortable, Smart, and Ultralight Hiking, Richard A. Light, This is not another backpacking gear book. Backpacking the Light Way is for both beginner and advanced backpackers who want to pack more efficiently, carry less weight, still be fully prepared for contingencies, and have more fun in the backcountry. It will benefit instructors and guides by giving them methods to teach their clients, and it will help them refine their risk assessment and trip planning techniques. This book presents field-tested, proven methodologies including gear organization, modular packing systems, and creating gear lists that work. Assessing conventional gear currently owned and understanding the mindsets of both conventional and ultralight backpacking. Navigating the mindset shift required to seriously lighten up and redefining each gear system to meet your needs. Dealing with winter conditions and packing to minimize frustration. Assessing risk, effective trip planning and much more.

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