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# Journal Your Life s Journey: Fiber Optics 2, Lined Journal, 6 X 9, 100 Pages (Paperback)

By Journal Your Life s Journey

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you harnessing the power of a journal?If you are going through life right now feeling like everything is out of control or that things are not happening the way you planned, you need a journal. I don t mean to be too direct, but it is time for you to discover why you feel the way you do and then figure out what to do about it.Or you can just write stuff in it! The great thing about a lined journal is you can make it into anything you want. A day timer, travel journal, diary, notebook for school, etc. If you need to write something down, a journal is the tool you need.If you want to use it for more than just a notepad then keep reading.Benefits Of Keeping A JournalAlmost every successful person seems to have kept a journal in one form or another. Success in this case is not defined by money but overall happiness. Whether or not they called it journalingdoesn tmatter as they kept a record of their goals, success, failures, feelings...

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